

# EMDR EUROPE RESEARCH & PRACTICE CONFERENCE

**EMDR Therapy Beyond Frontiers** 

30 May - 1 June 2025

**Prague Congress Centre, Czech Republic** 



# **QUICK REFERENCE TIMETABLE**

The detailed programme is available on the <u>official website</u> and on the <u>Mobile App</u>.

#### FRIDAY MAY 30TH

8:30 - 16:30	Pre-Conference Workshops
17:30 - 18:00	Opening & Welcome - Olivier Piedfort-Marin
18:00 - 18:15	David Servan Schreiber Award
18:15 - 19:15	Keynote - Benedikt Amann
19:15 - 20:15	Welcome Reception

#### SATURDAY MAY 31ST

9:00 - 10:00	Parallel Symposia
10:00 - 10:30	Break - Exhibitors' Stands And Poster Boards
10:30 - 11:30	Parallel Symposia
11:30 - 12:30	Parallel Symposia
12:30 - 14:00	Lunch Break
14:00 - 14:15	Francine Shapiro Award
14:15 - 15:15	Keynote - Sarah Dominguez
15:15 - 15:45	Break - Exhibitors' Stands And Poster Boards
15:45 - 17:15	Parallel Symposia
17:15 - 17:30	Break - Exhibitors' Stands And Poster Boards
17:30 - 19:00	Parallel Symposia
20:00	Conference Dinner

#### **SUNDAY JUNE 1ST**

9:00 - 10:30	Keynote - Alessandra Minelli
10:30 - 11:00	Break - Exhibitors' Stands And Poster Boards
11:00 - 12:30	Parallel Symposia
12:30 - 14:00	Lunch Break
14:00 - 15:30	Parallel Symposia
15:30 - 16:00	Break - Exhibitors' Stands And Poster Boards
16:00 - 17:00	Keynote - Frank Padberg
17:15 - 17:45	Closure



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# **WELCOME**



# Dear Colleagues,

This is the first time that the beautiful and historic city of Prague is hosting the EMDR Europe annual conference, and we are very pleased to head for the second time to the Eastern part of Europe, However, we may wonder if this delimitation between East and West is still valid in a world as wide open as it is now, with the political union of European countries and with digital technologies, "EMDR Therapy Beyond Frontiers" will be the theme of this conference. This can be understood in many ways. EMDR has shown to be efficient for many disorders and is not simply a PTSD treatment. As a result, EMDR goes beyond the borders of PTSD therapy. With its extraordinary rapidity, EMDR has raised question as to its working mechanism and has pushed research beyond its borders to better understand the neurobiological processes at stake.

EMDR research and practice has allowed to elaborate a conceptualization of mental health issues based on trauma and adverse experiences, especially in childhood and adolescence. EMDR therapy is therefore on the front line in favor of a transdiagnostic approach to mental health pathologies. During this conference we will have prominent keynote speakers addressing this central topic in psychology and psychiatry. They will illustrate how EMDR therapy goes beyond the

borders of mainstream psychotherapy and places trauma back to its central role, as it was stipulated over 125 years ago by Janet and the young Freud.

By recently expanding its membership to many countries in the Eastern part of Europe. EMDR Europe Association is showing its ability to go beyond the borders of history, culture and language. We acknowledge the universality of pain and the universality of possibilities that EMDR therapy offers across Europe and all around the globe with our partners in the EMDR Global Alliance – The International Society for EMDR Therapy (www.emdrglobal.org).

EMDR Europe is committed in supporting new National Associations to ensure the development of EMDR therapy and its training all over the European continent, for the good of suffering individuals, beyond any kind of borders.

**Olivier Piedfort-Marin Ph.D.**President of EMDR Europe Association



# **EMDR CONFERENCE COMMITTEE (ECC)**



# Dear Colleagues,

Preparations for our upcoming EMDR Europe Conference are in full swing and as always we will try to offer you a rich and varied program that can expand your theoretical knowledge and enhance your clinical skills in the field of EMDR. This conference edition will focus on research and related clinical practice, an area that Francine Shapiro has always advocated as well as a fundamental aspect that has made it possible to legitimize and validate EMDR in the international scientific panorama, also helping to expand its range of action.

This year the wind takes us eastwards and exactly to the magical city of Prague, known for being the

birthplace of Franz Kafka, for centuries a place of mystery where history and legend, sacred and profane, are confused. That's due to Emperor Rudolf II of Habsburg, Emperor of the Holy Roman Empire who was a fervent supporter of the occult sciences in search of the elixir of life and the transmutation of metals into gold. During his reign from 1576 to 1612, he made his court a center of study for alchemists and occultists from all over Europe.

Well, from 29 May to 1 June 2025we will make Prague the center of EMDR researchers and clinicians from all over Europe and even overseas, bringing further evidence of the power of EMDR in "transmuting suffering and pathology into relief and healing"!

So, I'm pleased to welcome you to the EMDR Europe Research & Practice Conference and I wish you to enjoy the magic city of Prague.

#### **Bruna Maccarrone**

Chair of EMDR Conference Committee



Katharina Dexler



Guida Manuel



Mariani



Oliver Piedfort-Marin



Beatrice Strock



Marian Tobin



# SCIENTIFIC COMMITTEE



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#### Staff



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# **Abstracts and Biographies**

# CHILDHOOD TRAUMA AND ITS IMPACT ON MENTAL AND SOMATIC HEALTH IN ADULTHOOD

Friday 30 May 2025 | 18:15 - 19:15 | Congress Hall Auditorium | Room 1 Interpretation into Czech/Slovak, Finnish, French, Italian, Polish, Spanish, Turkish



#### **BENEDIKT AMANN**

Ph.D., Professor at Towson University Expert in trauma disorders and dissociation.

Benedikt Amann is a psychiatrist, EMDR psychotherapist and senior researcher, who worked in Germany, in the UK and currently in Spain. Apart from pharmacological studies in bipolar disorder and neuroimaging in schizoaffective disorder, he started back in 2008 with research in EMDR and prevalence studies of psychological trauma in psychiatric disorders.

He is currently Associate Professor at the Pompeu Fabra University and consultant and senior researcher in the Mental Health Institute Hospital del Mar in Barcelona. Furthermore, he is the head of a Psychiatric Unit and Research Unit in Centro Fòrum of the same department with a scientific focus on randomized controlled trails of EMDR in traumatized patients with severe mental disorders.

The EMDR Europe Association presented him with the Francine Shapiro Award in 2015 and he received a NARSAD Independent Investigator Award 2016 due to his clinical and scientific focus of EMDR in the treatment of traumatized patients with severe mental disorders. He also received the first research price by EMDR Spain in 2022, which is named after him. From 2017 to 2021 he was the chair of the scientific committee of EMDR Europe. He is also PI in European funded projects, which aim to improve mental health at the workplace and the community.

He is author of around 150 Pubmed indexed publications and presents at national and international conferences about trauma as a risk factor for psychiatric disorders and the use of EMDR in psychiatric disorders.



# **Abstracts and Biographies**

#### **Abstract**

Psychological trauma is a generic term referring to any stressful life event that causes someone discomfort and at the same time surpasses the individual's coping resource. It can include experiences of bullying, neglect, physical, psychological, emotional or sexual abuse, or the presence of any traumatic life event such as accidents, disasters, illness diagnosis, mobbing at work or loss of loved one. Although psychological trauma can occur at any point over the life span, when traumatic events are experienced in childhood, these have been shown to have a harmful impact on an array of health conditions with a strong negative neurobiological impact. Trauma during childhood can disrupt normal brain development, affect emotional regulation and interpersonal relationship and lead to maladaptive coping mechanisms. A wealth of data shows that traumatic experiences in childhood are highly prevalent, and can have far-reaching consequences, with numerous studies showing a strong association between psychological trauma and the onset of individual mental disorders. The evidence implicating psychological trauma in a range of mental and somatic disorders suggests it could be a transdiagnostic risk factor, whereas in this presentation best current evidence will be highlighted via various recent meta-analysis. These provide solid insight into

the role of childhood trauma and mental and somatic disorders in adulthood. Traumatic events contribute also to the severity of the mental disorders and worsen their course of the illness. Furthermore, childhood trauma has a strong negative social impact, favours criminal behaviour and is also considered as a risk factor for somatic disorders, such as cardiovascular diseases, autoimmune diseases, or obesity. Therefore, it can be considered as a risk factor for mental, psychosocial and somatic health in general. Beyond urgently needed national and international prevention programs for childhood trauma, psychiatric services should offer our patients -within a personalized treatment plan- trauma-focused interventions to at least ease the short- and long-term sequelae of psychological trauma.



# **Abstracts and Biographies**

# EMDR THERAPY: NAVIGATING THE TRANSDIAGNOSTIC TERRAIN

Saturday 31 May 2025 | 14:15 - 15:15 | Congress Hall Auditorium | Room 1 Interpretation into Czech/Slovak, Finnish, French, Italian, Polish, Spanish, Turkish



#### **SARAH DOMINGUEZ**

Director of The Wattle Centre.

Sarah Dominguez PhD is a clinical psychologist and the director of The Wattle Centre, a psychology centre based in Sydney, Australia. At the Wattle Centre, Sarah sees clients in private practice and delivers training for mental health practitioners in evidence-based trauma-focused interventions. She has authored numerous peer-reviewed publications and book chapters and has been an invited presenter at many national and international conferences.

Sarah is an accredited consultant and trainer by the EMDR Association of Australia (EMDRAA). Sarah serves on the EMDRAA board and is a member of the EMDRAA Scientific Committee. She delivers EMDR therapy basic training to therapists across Australia and offers several on-demand courses, such as EMDR Refresher and Using EMDR and Schema Therapy, on her website.

#### Abstract

In an era where mental health diagnoses are increasingly overlapping and interconnected, understanding and applying effective therapeutic approaches requires a nuanced perspective, focusing on each individual client. Accordingly, over the last several years, there has been growing interest in addressing psychological distress transdiagnostically rather than using the traditional categorical diagnostic framework. For many clinicians, working transdiagnostically aligns with their existing client-centred, AIP approach. For others, however, it can cause confusion, particularly regarding how to stay true to an evidence-based framework when current evidence is predominantly based on the diagnostic-focused sys-

Accordingly, this presentation will demonstrate how EMDR clinicians can approach their client work through a transdiagnostic lens while remaining true to current evidence-based practice. This session aims to provide practitioners with a theoretical background, practical insights, and specific strategies for optimising EMDR therapy in a diverse clinical landscape. Attendees will gain a deeper understanding of navigating complex cases and enhancing therapeutic outcomes by leveraging EMDR's flexibility to address the multifaceted nature of mental health challenges.



# **Abstracts and Biographies**

# EPIGENETIC AND BIOLOGICAL SIGNATURES OF EARLY LIFE TRAUMATIC EVENTS: A PUTATIVE EFFECT OF EMDR

Sunday 1 June 2025 | 09:00 - 10:30 | Congress Hall Auditorium | Room 1 Interpretation into Czech/Slovak, Finnish, French, Italian, Polish, Spanish, Turkish



#### **ALESSANDRA MINELLI**

Associate professor in Psychobiology at the University of Brescia.

Alessandra Minelli, Associate professor in Psychobiology at the Department of Molecular and Translational Medicine at the University of Brescia. I also have the position of senior researcher at the Genetic Unit IRCCS (Scientific Research Institute) Fatebenefratelli "San Giovanni di Dio", Brescia, Italy. The principal aim of my research is the identification of clinical and biological predictors associated with the development of major depressive disorders (MDD) and to the efficacy of relative treatments, both pharmacological and non-pharmacological. For this reason, my publications cover a broad range of topics, such as the genetics of personality traits as mediators of MDD; the clinical and genetic markers related to unfavourable treatment outcomes focusing also on treatment resistant depression (TRD); the clinical role of childhood trauma and relative psychotherapy treatment in TRD; the biological dysregulations associated to childhood trauma; the clinical and biological markers associated to electroconvulsive therapy in TRD patients

# **Abstracts and Biographies**

#### **Abstract**

Traumatic experiences, particularly those during childhood, are related to an increased risk of developing mental and physical disorders in adulthood and are associated with different kinds of biological dysregulations. The molecular mechanisms underlying this connection are still unclear. To elucidate these mechanisms, association studies using different approaches, ranging from genetic, epigenetic, expression and protein to neuroimaging studies have identified a number of candidate vulnerability systems, but probably each one contributes to a small portion of the complex mediation and multiple concurring interactions are at play to modulate the individual risk. Extremely interesting are the studies that observed epigenetics changes as consequences of early stressful experiences, since epigenetic mechanisms are a relevant key factor in the transcription processes. Additionally, a parent who has experienced traumatic events may consciously or unconsciously influence their children through the way the trauma has impacted their own life. A question that has emerged alongside the recognition of trauma's chronic and transformative behaviors, is whether their psychological effects could also be passed to offspring through biological mechanisms. Finally, a relevant key point is to understand if evidence-based trauma-focused psychotherapies, such as EMDR, can help to restore biological dysfunctions associated to the exposure to traumatic experiences The lecture will explore biological dysregulations identified following traumatic events, particularly those occurring in childhood, and examine the potential role of trauma-focused psychotherapy, in addressing these dysregulations. Furthermore, recent research on the epigenetic mechanisms linked to parental trauma and its effects on offspring will be discussed.

#### Learning objectives:

- 1. Biological dysregulations and epigenetic effects linked to the exposure to early life stress
- 2. Transgenerational transmission of trauma
- 3. Can EMDR help restore biological dysfunctions associated to the exposure to traumatic experiences?



# **Abstracts and Biographies**

# A TRANSDIAGNOSTIC CLUSTER APPROACH TO CHILD MALTREATMENT: A NEW MODEL FOR ASSESSMENT AND THERAPY

Sunday 1 June 2025 | 16:00 - 18:00 | Congress Hall Auditorium | Room 1 Interpretation into Czech/Slovak, Finnish, French, Italian, Polish, Spanish, Turkish



#### FRANK PADBERG

Professor of Psychiatry and Psychotherapy at the Ludwig-Maximilians-University (LMU) Munich

Frank Padberg, M.D. is Professor of Psychiatry and Psychotherapy at the Ludwig-Maximilians-University (LMU) Munich, and director of the Section of Psychosomatic Medicine and Psychotherapy at the Dept. of Psychiatry and Psychotherapy, LMU Hospital Munich. His research focuses on the development of non-pharmacological therapies for people living with complex affective disorders, i.e. depression with chronic courses and significant psychiatric co-morbidities (e.g. borderline personality disorder and posttraumatic stress disorder).

#### **Abstract**

Child maltreatment (CM) is a global and broadly confirmed risk factor for mental and physical illness, but CM is not routinely assessed in health care. Some psychological treatments including Eye Movement Desensitization and Reprocessing (EMDR) specifically target mental health conditions associated with CM. Another example is the Cognitive Behavioral Analysis System of Psychotherapy (CBASP) focusses on maladaptive interpersonal experiences and behaviors in persistent depressive disorder. However, it is unclear how information about CM should be evaluated, where such information is specifically meaningful and how recalled CM can be included in current approaches of personalizing treatment for people living with mental disorders. This lecture will introduce a novel concept of CM evaluation and its relevance for interpersonal experiences (e.g. loneliness and social isolation), symptoms (e.g. depression and suicidality) and psychological treatment (Goerigk et al. 2024).

Goerigk S, Elsaesser M, Reinhard MA, Kriston L, Härter M, Hautzinger M, Klein JP, McCullough JP Jr, Schramm E, Padberg F. Childhood Trauma Questionnaire-based child maltreatment profiles to predict efficacy of the Cognitive Behavioral Analysis System of Psychotherapy versus non-specific psychotherapy in adults with early onset chronic depression: cluster analysis of data from a randomised controlled trial; Lan-



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# Abstracts and Biographies

Part I	8:30 to 10:00
Coffee Break	10:00 to 10:30
Part II	10:30 to 12:00
Lunch Break	12:00 to 13:00
Part III or Part I (Half-day Workshops)	13:00 to 14:00
Coffee Break	14:30 to 15:00
Part IV or Part II (Half-day Workshops)	15:00 to 16:30



# **Abstracts and Biographies**

# BEYOND RESISTANCE. LEARNING FROM IMPASSES, RUPTURES, AND INADEQUACY IN EMDR THERAPY.

Workshop 1
Friday 30 May 2025 | 8:30 - 16:30 | South Hall 2 (A + B) | Room 2
Interpretation into Czech/Slovak, Finnish, French, Italian, Polish, Spanish, Turkish

This presentation will explore experiences of clinical impasses, ruptures in the alliance, and therapist feelings of inadequacy in delivering EMDR therapy. These clinical experiences will be normalized and explored through reviews of theory, research, clinical vignettes, and small group discussions.

We will consider options when familiar strategies do not lead to clinical gains. When ruptures occur, we will consider how clinical stances impact repair of the alliance. We will explore strategies for coping with countertransference experiences of inadequacy when feelings of shame cloud reflective function. Participants will have opportunities to participate in interactive exercises to discuss their own and others' experiences of impasses, ruptures, and inadequacy.

Among these challenges are those with survivors of profound emotional neglect who may progress so slowly as to induce countertransference doubts

and frustrations. Survivors of early emotional neglect struggle to tolerate and integrate current, real-life positive interpersonal experiences. These deficiencies produce and maintain profound psychological, medical, and social problems that limit their ability to progress in psychotherapy.

Particular attention will be given to the foundations and procedures of the Positive Affect Tolerance and Integration (PAT) protocol. The PAT protocol will be covered in detail. This will include providing informed consent, a three-step behavioral exercise practiced in the office and then assigned as homework. The PAT reprocessing procedural steps will be reviewed and clarified in detail. A series of case vignettes will illustrate potential challenges of implementing PAT and the potential gains from the PAT protocol.



**ANDREW LEEDS** 

Ph.D Professor at University of Turin.

Dr. Andrew M. Leeds, Ph.D. is a California licensed Psychologist and Marriage and Family Therapist with over 45 years of private practice psychotherapy experience. He maintains a full-time practice in Santa Rosa, California where he specializes in the assessment and treatment of acute and chronic posttraumatic stress disorder, anxiety, depression and dissociative disorders. He also provides group and individual consultation for clinicians regarding the application of EMDR.



# **Abstracts and Biographies**

# EMDR INTEGRATED APPROACH TO CHILDHOOD NEGLECT IN ADULTS.

Workshop 2 Friday 30 May 2025 | 8:30 - 16:30 | South Hall 3 (A + B) | Room 3

Childhood Neglect is associated with impaired cognitive and social skills, increased risk for both physical and psychic disorders, suicide risk and poorer response to treatments. Dissociative symptoms are very frequent. The treatment may be difficult and we must apply an integrated approach. At the beginning of the therapy is challenging to create a safe relationship, accepting the limited space that patients who experienced severe neglect may allow us. A crucial point is to represent their inner experience of emptiness and meaninglessness, sometimes even self-annihilation, so that we can explore it together. In this way, every time they relive it, it will no longer be something alien but more familiar and shared with the therapist. Stabilization must be tailored on their experience, making experiments to choose the most effective grounding practices to reconnect to the present moment experience. Psychoeducation must include also how children live and see the world, in order to help the adult part to understand and take care of the child one.

We need to process the core episodes in depth, reaching gradually the child's pain, covered by layers of removal built up over time, recognizing every step forward as an act of courage.

The key words are slowness, space, rhythm, tenderness. The most delicate moment, at the core of the childhood pain, is the emergence of sadness, the human feeling of loss and transformation. We must help the person to feel it, with compassion, supporting the mourning process. The therapist's inner work is very important, especially when the process seems to be stuck and in those precious moments without words during Bilateral Stimulation, when we are very close to each other, physically and emotionally. We can be sensitive to the patient's human positive qualities, letting us be nurtured by them, with the Loving Presence approach. This connection with the deprived child part is one of the deepest we can have in our therapist's life; when transformation takes place, session after session, we are enriched too; we feel grateful towards the patients and our awareness of human value



**LUCA OSTACOLI**Professor at University of Turin.

Psychiatrist, Full Professor of Clinical Psychology, Department of Psychology, University of Turin. Director of Psychology Unit ASLTO5, Turin. Psychodynamic and Body Centered Psychotherapist, specialized in Eye Movement Desensitization and Reprocessing (EMDR), Sensorimotor, Mindfulness-Based Interventions.



# **Abstracts and Biographies**

# ENHANCING EMDR WITH IMAGERY: PRACTICAL STRATEGIES FOR COMPLEX CASES

Workshop 3 | Part 1 Friday 30 May 2025 | 8:30 - 12:00 | South Hall 3 ( C ) | Room 4

Imagery techniques offer a powerful, versatile tool for enhancing EMDR therapy, especially for clients who encounter challenges such as avoidance, cognitive barriers, or emotional overwhelm. This workshop will guide practitioners through integrating imagery activities, including imagery rescripting, to optimise therapeutic outcomes and streamline the EMDR standard protocol.

Imagery has long been recognised for its ability to facilitate emotional access, transform distressing memories, and foster self-compassion (Arntz, 2012; Holmes et al., 2021; Morina et al., 2017; Saulsman et al., 2019). There is also evidence to highlight the role of imagery in improving client tolerance for trauma-focused interventions, reducing dropout rates, and enhancing engagement (Arntz et al., 2007). By combining these techniques

with EMDR, therapists can address client complexities with greater precision and flexibility.

This interactive session provides a structured, step-by-step approach to incorporating imagery into EMDR therapy, including a solid understating of when the addition of imagery is clinically indicated. Drawing on current research and theory, clinical examples, and video demonstrations, participants will learn when and how to apply imagery techniques to overcome resistance, strengthen therapeutic rapport, and foster emotional regulation. Attendees will leave with actionable strategies to enrich their practice and maximise client outcomes.



**SARAH DOMINGUEZ**Director of The Wattle Centre.

Sarah Dominguez PhD is a clinical psychologist and the director of The Wattle Centre, a psychology centre based in Sydney, Australia. At the Wattle Centre, Sarah sees clients in private practice and delivers training for mental health practitioners in evidence-based trauma-focused interventions. She has authored numerous peer-reviewed publications and book chapters and has been an invited presenter at many national and international conferences.



# **Abstracts and Biographies**

# THE POTENTIAL OF EMDR THERAPY IN GYNAECOLOGY AND OBSTETRICS

Workshop 3 | Part 2 Friday 30 May 2025 | 13:00 - 16:30 | South Hall 3 ( C ) | Room 4

EMDR therapy has proven its worth in many areas of psychotherapy. It can also apply successfully to situations involving the treatment of women and couples in gynaecology and obstetrics. There are numerous situations in the field of gynaecology which can be difficult or even traumatic for women, such as a routine check-up with a vaginal examination, or minor or major surgical interventions, as well as discussions about contraception, sexuality etc. Many gynaecological situations are difficult or even traumatic or may be a trigger for women who have suffered sexual or other types of violence. Sexual problems such as problems with sexual desire, dyspareunia or vaginism following abuse or rape are just a few examples. There are also traumatic surgical procedures, such as hysterectomies (removal of the uterus) or mastectomies (removal of the breast), and which can be synonymous with major impacts and fears of a threatening future. EMDR therapy can be successfully applied in many of these cases. A woman generally consults her gynaecologist until the day she becomes pregnant. From that day onwards, her gynaecologist will become an obstetrician and she will go to

the obstetrics department, unless she wants a voluntary termination of pregnancy. Obstetrics is considered to be the "happiest" department in a hospital, because "happy events" are the order of the day. However, there is a tendency to forget all the problems associated with pregnancy and childbirth, and many women do not end up with a healthy baby in their arms after nine months (or less) of pregnancy. Many women also experience serious difficulties before, during or after pregnancy and childbirth. As a therapy for treating trauma, EMDR is well suited to obstetrics, as there may be many potentially traumatic events in this context. However, EMDR goes far beyond the treatment of trauma, so it is also well suited to other interventions in gynaecology and obstetrics, whether preventive or curative. This workshop seeks to demonstrate the potential of EMDR therapy for treatment to various indications in the field of gynaecology. A particular focus will be on accompanying women with (breast) cancer, and women and couples who desire to become parents but have problems with infertility or sterility. EMDRtherapy can be very useful in these specific areas.



#### **EVA ZIMMERMANN**

Eva Zimmermann is a Senior Trainer accredited by EMDR Europe and a specialist in psychotraumatology and dissociative disorders with additional qualifications in victim support and emergency psychology. For 17 years she worked as a psychologist and psychotherapist in the gynaecology and obstetrics department of the Fribourg Cantonal Hospital. She continues to work closely with local gynaecologists and endocrinologists. She has her own practice in Murten, Switzerland.



# **Abstracts and Biographies**

#### EMDR FOR CLIENTS WITH AUTISM, A WORLD TO WIN!

Workshop 4 | Part 1 Friday 30 May 2025 | 8:30 - 12:00 | South Hall 1 (A)

In this workshop we will take the time to reflect on the special features that therapists encounter in the EMDR treatment of clients with autism. The workshop will consist of:

- A theoretical introduction to our scientific knowledge about autism and (sexual) trauma, both in terms of diagnosis and treatment
- An overview of the most important difficulties in EMDR treatment such as: tuning in to the client's communication problems, the lack of imagination, the delayed information processing, problems with choosing the distracting stimulus, the inability to verbalize physical sensations and feelings
- An overview of the most important solutions found for the above problem

- Deeper insight into the recent EYE-catcher research by Esther Leuning et al. (2023) regarding EMDR for daily stress and confusion in young people with autism
- Case conceptualizations and framework applications for specific EMDR cases
- Practical applications of the EYE-catcher model in practice

Workshop participants are kindly invited to provide input. E.g. by asking questions about a challenging case. Visual material from current treatments by workshop participants is very welcome.



#### **ESTHER LEUNING**

Esther has worked as a child psychologist in the Dutch mental healthcare system for 25 years. She is currently in training to get her clinical license and become a certified sexologist by the NVVS (Dutch-speaking association for sexology). She is a supervisor at the Association for Behavioral Therapy and Cognitive Therapy (VGCt) and a supervisor for the association EMDR Netherlands (VEN).

She currently works at Karakter child and adolescent psychiatry, at the mental healthcare line Neurobiological Developmental Disorders (ASS-ADHD) within the University Center of Nijmegen. She treats children and adolescents with autism and co-morbid problems, including Post Traumatic Stress Disorder (PTSD).



# **Abstracts and Biographies**

#### YOU'RE OKAY JUST AS YOU ARE: EMDR AND **NEURODIVERSITY**

Workshop 4 | Part 2 Friday 30 May 2025 | 13:00 - 16:30 | South Hall 1 (A)

Neurodiversity is the idea that humans are highly variable, and we do not have to see this variation as due to disorder. Children in particular are very different to each other, and some of these differences can cause challenges for the children themselves and the adults who live and work with them.

Neurodiversity includes everyone, but some children have differences which make life more difficult. These children may receive diagnoses of ADHD, autism spectrum disorder, sensory processing disorder, learning disability, dyslexia, dyspraxia and dyscalculia, or may have no diagnosis. They experience the world differently and they can react in unexpected ways to things which happen to them.

Families often experience a higher level of stress because the world is not an easy place for their children. It can be hard for these families to access EMDR because their children do not respond in conventional ways, and the expectations of the therapist can create barriers to access.

In this workshop we will start by discussing

neurodiversity and explaining the growth of the concept over the last decade. We will describe some common ways in which neurodiversity shows up, and how this can cause problems in EMDR therapy when the therapist is not using a neurodiversity informed lens.

We will discuss common difficulties which neurodivergent children and their families present with, in particular the strong sense of self-defectiveness which many children learn through years of feeling different, and the significance of the 'little t' trauma.

We will talk about the barriers which neurodivergent children and their families face when seeking EMDR, and outlines ways in which therapists can reduce these barriers in order to carry out effective EMDR with neurodivergent children and adolescents. We will outline a method to help therapists identify barriers and make adaptations to make their EMDR more accessible and inclusive. Case examples will be used to illustrate the use of EMDR therapy for neurodiverse children.

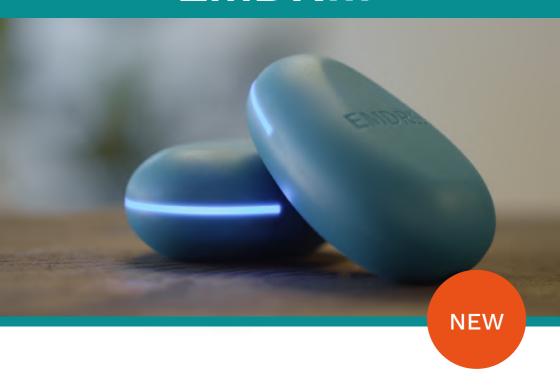


#### **NAOMI FISHER**

Dr Naomi Fisher is a clinical psychologist, an EMDR-Europe Accredited Trainer and C&A Consultant. She has been practicing EMDR since 2005 and has used EMDR in primary care, specialist trauma services, the police service and in the voluntary sector.







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#### Friday, May 30 2025

#### **Congress Hall Auditorium**

Opening & David Servan Schreiber Award

Time 17:30 - 18:00

Session Name Keynote

Time 18:15 - 19:15

Abstract Title Childhood trauma and its impact on mental and somatic health in adulthood

Speaker Benedikt Amann

**Welcome Reception** 

Time 19:15-20:15

#### Saturday, May 31 2025

#### **Congress Hall Auditorium**

Session Name New Frontiers in EMDR Therapy I.

Time 9:00 -10:00

Speaker

**Abstract Title** 

Abstract Title Randomized Controlled Trial for the Use of EMDR-IGTP-OTS-R with Mental Health

Professionals in Ukraine

Clinical Trial on the ASSYST-Group Provided to Refugees and Asylum-Seekers in Transit

to the USA through Mexico

Speaker Nicolle Mainthow

Session Name New Frontiers in EMDR Therapy II.

Time 10:30-11:30

Abstract Title

Online Child Sexual Abuse (OCSA) – an important adverse childhood experience that

needs to be assessed and treated - also with EMDR

Amber Quaranta-leech & Olya Olya Zaporozhets

Speaker Kerstin Stellermann-Strehlow



#### Saturday, May 31 2025

#### Congress Hall Auditorium

Session Name **EMDR Therapy Clinical Practice I.** 

> Time 11:30 - 12:30

EMDR Therapy in the treatment of attachment based disorders - current status and **Abstract Title** 

directions of development

Speaker Michael Hase & Roger Solomon

Session Name Francine Shapiro Award

> Time 14:00 - 14:15

**Session Name** Keynote

> Time 14:15-15:15

**Abstract Title** EMDR Therapy: Navigating the Transdiagnostic Terrain

Speaker Sarah Dominguez

**Session Name EMDR** therapy Clinical Practice II.

> Time 15:45-17:15

An Applied Approach to Integrating Polyvagal Theory and the AIP Model: A phased **Abstract Title** 

treatment protocol to enhance EMDR effectiveness

Speaker Enavatollah Shahidi

Title: Embracing the complexities of EMDR re-processing with children in foster care and **Abstract Title** adoptive families: Developmental, attachment and cultural considerations in practice

Speaker Ann Beckley-Forest

Session Name **EMDR** therapy Clinical Practice III.

> Time 17:30-19:00

Abstract Title Affect Focused EMDR: The path through the unbearable pain

Speaker Ludwig Cornil & Olivier Van Limbergen

Healing Sexual Trauma Through EMDR: Tailored Approaches for Survivors, Emphasizing **Abstract Title** 

on Safety, Stabilization, and Relational Recovery

Speaker Dorit Segal & Neomi Ravid



#### Saturday, May 31 2025

#### South Hall 2 (A+B) | Room 2

Session Name	EMDR Therapy in Psychiatric
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Time 9:00 -10:00

Abstract Title EMDR in patients with a personality disorder

Speaker Laurian Hafkemeijer & Ad De Jongh

Session Name EMDR Therapy in Psychiatric Disorders II.

Time 10:30 - 11:30

Abstract Title Investigating the Effectiveness of the Trio-View-OCD (TR-V-OCD) EMDR Protocol in the Treatment of Obsessive-Compulsive Disorder (OCD)

Disorders I.

Speaker Zeynep Özmeydan

Session Name EMDR Therapy in Psychiatric Disorders III

Time 11:30-12:30

Abstract Title EMDR in Three Adults with Severe Intellectual Disability and Posttraumatic Stress

Disorder: A Multiple-Baseline Evaluation

Speaker Annemieke Hoogstad

Brief intensive EMDR therapy for PTSD in adults with mild intellectual disability or borderline intellectual functioning and behavioural problems: A multiple baseline design

study

Speaker Anne Versluis

Session Name

Dissociative Disorders and Complex Presentations (not available via livestream or during online replay)

Time 15:45-17:15

Abstract Title Why are we afraid of applying EMDR with Dissociative Identity Disorder?

Speaker Emmanuelle Vaux-lacroix

Abstract Title EMDR in the therapy of complex dissociative disorders presenting pre-verbal dissociative

parts challenges and possibilities

Speaker Olivier Piedfort-Marin



#### Saturday, May 31 2025

#### South Hall 2 (A+B) | Room 2

Session Name EMDR Therapy in Medical Disorders II.

Time 17:30-19:00

Abstract Title Treatment of Sexual and Religious Obsessions with TR-V-OCD EMDR Protocol: A Case

Report

Speaker Ayşe Altunkaya Erdoğmuş

Abstract Title

A Randomized Controlled Trial of Eye Movement Desensitization and Reprocessing

(EMDR) Therapy in The Treatment of Fibromyalgia

Speaker Zeynep Zat Ciftci

#### Saturday, May 31 2025

#### South Hall 3 (A+B) | Room 3

Session Name EMDR Therapy Interventions in Acute Trauma

Time 9:00 -10:00

Abstract Title Heart to Heart: Group EMDR Support in Emergencies

Speaker Zuzana Cepelikova

Session Name EMDR Therapy on Children and Adolescents I.

Time 10:30-11:30

Speaker

Abstract Title EMDR in Ukraine for children and adolescents: international project

Renée Beer, Elisa Pfeiffer and Sergey Kosov (following online)

Session Name EMDR Therapy on Children and Adolescents II

Time 11:30-12:30

Abstract Title EMDR with children in residential care. This mission is possible!

Speaker Arianne Struik

Abstract Title EMDR for chronic preverbal trauma in young children

Speaker Arianne Struik



#### Saturday, May 31 2025

#### South Hall 3 (A+B) | Room 3

Session Name EMDR Therapy Procedures I

Time 17:30-19:00

Abstract Title The Emotional Safety Switch: An alternative to the Safe Place protocol

Speaker Sergio Giurina

Abstract Title Breaking the cycle: An EMDR protocol for addressing generational wounds

Speaker Domna Ventouratou & Maria Kopakaki

#### Saturday, May 31 2025

#### South Hall 3 (C) | Room 4

Session Name EMDR Therapy Group Interventions

Time 9:00 -10:00

Abstract Title EMDR group intervention in an outpatient randomized and hospital setting:

implementation and effects of "G-TEP"

Speaker Alişan Burak Yaşar & Derin Kubilay

Abstract Title Rebuilding Resilience: Evaluating EMDR Group Therapy for Adolescents Post-Earthquake

inTurkey

Speaker Gulsen Filazoglu Cokluk

Session Name EMDR Therapy Mechanism of Action I

Time 10:30-11:30

Abstract Title Pursuit or Saccade? Which Eye Movement Works Better in EMDR I

Speaker Kana Minamikawa

Abstract Title Pursuit or Saccade? Which Eye Movement Works Better in EMDR II

Speaker Shingo Kakigi



#### Saturday, May 31 2025

#### South Hall 3 (C) | Room 4

Session Name	EMDR Therapy Mechanism of Action II.
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Time 11:30-12:00

**Abstract Title** Stimulus vs. Eye Movement: Unraveling the Key Factor in EMDR Visual Modality

Speaker Gaspar de La Serna

**Abstract Title** Effects of bilateral alternating sound stimulation on healthy subjects

Speaker Miho Yamauchi

Session Name **EMDR Research in Europe** 

> 15:45-17:15 Time

Early Stages of Eye Movement Desensitization and Reprocessing (EMDR) and **Abstract Title** Psychodynamic Psychotherapy in patients with Eating Disorders: the role of clinician

evaluation of Psychological Functioning

Speaker Marina Balbo with other speakers

**Session Name** Upcoming Areas of Research

> Time 17:30-19:00

Randomised Controlled Trial (RCT) of Eve Movement Desensitization and Reprocessing Abstract Title Therapy (EMDR) in substance use disorder and dual disorder patients with a history of

Alicia Valiente-Gómez Speaker

The Effectiveness and the Implementation of EMDR with a Culturally Adapted Approach in **Abstract Title** 

Patients with own Interpretations and Beliefs

Speaker Dr. Aram Hasan

**Abstract Title EMDR Efficacy in Situations of Ongoing Trauma** 

Speaker Mary K Tatum



#### Sunday, June 1 2025

#### **Congress Hall Auditorium**

Session N	lame
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Time

**Keynote** 9:00 - 10:30

**Abstract Title** 

Epigenetic and biological signatures of early life traumatic events: A putative effect of EMDR

Speaker

ALESSANDRA MINELLI

**Session Name** 

**EMDR Therapy in Medical Disorders** 

Time

11:00-12:30

**Abstract Title** 

**EMDR Therapy for Functional Neurological Disorder (FND)** 

Speaker

Speaker

Sarah R. Cope, Maeve Crowle

Abstract Title

The Body's Memory: Releasing Somatic Imprints of Trauma with EMDR therapy

Natalia Seijo

Session Name

Dissociative Disorder and Complex Presentations II.

Time 14:00-15:30

Abstract Title

Are there good and bad "processors"? The role of the level of traumatizacion, emotional regulation, dissociation and other factors in processing styles

Speaker

Gonzalez-Vazquez Ana Isabel

Abstract Title

EMDR Therapy in the Treatment of Sexual Dysfunctions: Protocol in Couples Work and Discussion of a Clinical Case

Speaker

Elena Isola

**Session Name** 

Keynote

Time

16:00 - 17:00

**Abstract Title** 

A Transdiagnostic Cluster Approach to Child Maltreatment: A New Model for Assessment and Therapy

Speaker

Frank Padberg

Closing

Time

17:00 - 17:30



#### Sunday, June 1 2025

#### South Hall 2 (A+B) | Room 2

Session Name	EMDR Therapy Procedures II	
Time	11 00 10 00	

Time 11:00-12:30

Abstract Title EMDR Narratives for loss, grief and end of life through the age span

Speaker Susan M. Darker-Smith

Abstract Title

Attachment based relational interventions through the 8 phases of the EMDR standard Protocol

Helene Dellucci

Session Name EMDR Therapy Clinical Practice IV.

Time 14:00-15:30

Speaker

Abstract Title EMDR Therapy for Grief and Mourning

Speaker Roger Solomon

Abstract Title Complex clients - New challenges need new ideas

Speaker Michael Hase & Keren Mintz Malchi

#### Sunday, June 1 2025

#### South Hall 3 (A+B) | Room 3

Time 11:00-12:30

Abstract Title Climate change and trauma: Impacts and implications for practice

Speaker Alessandro Massazza

Abstract Title A One-Day ASSYST Group Intervention for Victims of Flood in Bulgaria

Speaker Vania Mitev

Abstract Title

Psychological Benefits of Applying the ASSYST-G Protocol for Individuals Affected by the

**Cold Drop Meteorological Phenomenon** 

Speaker María Jesús Taboada Costas



#### Sunday, June 1 2025

#### South Hall 3 (A+B) | Room 3

Session Name	The EMDR Response to Climate Change II.
Time	14:00-15:30
Abstract Title	Climate change and mental health: promoting action
Speaker	Francesca Racioppil
Abstract Title	Valencia Under the Disaster - the DANA Flood
Speaker	Andreea Apostol
Abstract Title	Consultation, acute intervention, EMDR and sustainable care after flood disaster
Speaker	Susanne Leutner & Daniela Lempertz
Abstract Title	The response of EMDR Therapy to Climate change psychological consequences
Speaker	Isabel Fernandez

#### Sunday, June 1 2025

Canan Çitil Akyol

**FMDR Therapy Procedures III** 

#### South Hall 3 (C) | Room 4

Session Name	LMDN Therapy Frocedures III.
Time	11:00-12:30
Abstract Title Speaker	Infinity-Walk Group and Individual Intensive AIP and EMDR-based intervention An Evidence-Based Procedure for Reducing Distress in Trauma Survivors Tuly Flint
Abstract Title	Overcoming Processing Challenges in EMDR - The Impact of Intense Disgust and negative Self-Concept in Childhood Sexual Abuse Survivors and Complex PTSD
Speaker	Arun Mansukhani
Session Name	Teaching EMDR Therapy
Time	14:00-15:30
Abstract Title	The "AIP Decision-Tree" An Innovative Approach for Teaching How to Build and Adjust an AIP-Informed Treatment Plan with Appropriate Intervention Selection
Speaker	Daniel Kahn

The Examining the EMDR Supervision Process in Turkey



**Abstract Title** 

Speaker



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# **CONFERENCE INFORMATION**

#### **GENERAL INFORMATION**

The Conference opens on the 30th of May 2025

- Check-in from 14:00 to 17:45\*
- Keynote and Opening from 17:30 to 19:15
- Saturday, May 31, 2025 from 9:00 to 19:00
- Sunday, June 1, 2025 from 8:15 to 18:00
  - \* If you attend the Trainers & Consultants' Day and/or a Pre-Conference Workshop, please check the corresponding section below. You will need to check-in prior to the conference opening.

The programme is available on the <u>Mobile</u> <u>App</u> and on the <u>Website</u>.

The conference is based upon a series of symposa and will include four keynote speakers.

The registration is for the entire conference. However it does not include the Trainers & Consultants sessions nor the Pre-Conference Workshops nor the lunch and dinner.

#### TRAINERS DAY

It is scheduled to take place on the 29th of May from 9:00 to 15:45 in the Prague Congress Centre:

- · Meeting Room: Club H
- Registration: Please come to the registration desk from 8:15 to 8:45 on Thursday the 29th of May to pick-up your badge.

#### **CONSULTANTS DAY**

It is scheduled to take place on the 29th of May from 14:00 to 17:30 in the Prague Congress Centre:

- Meeting Room: South Hall 2 (A + B)
- Registration: Please come to the registration desk from 10:00 to 13:45 on Thursday the 29th of May to pick-up your badge.

Interpretation for The Consultants' Day will be provided in Finnish, French, Polish, and Turkish.

#### **CONFERENCE VENUE**

The location of the conference is the Prague Congress Centre:

- 5. května 1640/65, 140 21 Praha 4-Nusle,
  Czech Republic
- Tel: +0420 261 171 111

The Venue is located 45 minutes from Prague Airport | Taxi fare is around €28

Access to the Venue is facilitated by public transport.

- Getting there from Václav Havel Airport several accessible bus routes (buses 119 and 100 connect the Airport to the Metro B, then switching to Line C on Muzeum metro station).
- Airport Express Bus This service links the airport to Prague Main Train Station (Praha hlavní nádraží) in 35 minutes for around 100 CZK (€4), then taking Metro Line C to stop Vyšehrad If you should need to find a connection, we recommend using the website of the <u>Prague Public Transit Company</u> (DPP).



# **CONFERENCE INFORMATION**

 <u>Trams</u>, Multiple accessible tram lines stop nearby.

Taxi and car hire services are also easily available.

#### **REGISTRATION DESK**

The registration desk is located at level 2 of the Prague Congress Centre. Once you enter the main entrance, please take the escalator located on the right hand side. You can use the Badge Preview (with barcode) sent via email on May 9, accessible through the Attendee Service Portal or the Mobile App (icon: Check-In QR Code).

At the event, please present this code at the Registration Desk. Our staff will scan it, and your name badge will be automatically printed and ready for collection.

#### **Opening Hours**

- · Friday 30 May 14:00 to 19:30
- · Saturday 31 May 08:30 to 17:30
- Sunday 1 June 8:30 to 16:00

#### **AUDITORIUMS**

Auditorium - Congress Hall is located at level 2.

#### **INFORMATION DESK**

An information desk is available next to the registration desk at level 2 during the whole conference for any questions you may have.

#### **EXHIBITION AREA**

The exhibition area is located at level 2 in front of Auditorium - Congress Hall.

- 30 May Friday 17:00 to 20:00
- 31 May Saturday 08:15 to 19:00
- 1 June Sunday 08:15 to 16:00

#### CONFERENCE LANGUAGE

The official conference language is English. Main lectures (keynotes and workshops in Auditorium - Congress Hall) will be translated into Czech/Slovak, Finnish, French, Italian, Polish, Spanish and Turkish.

Interpretations will be available in the Auditorium - Congress Hall only. Receivers and headsets will be available before the first session. You'll be asked to give an ID in exchange for the receiver. We ask you to bring it back at the end of each day (to recharge the device).

#### **NAME BADGE**

You will receive your badge during the registration process. It will give you access to the different events. In order to grant each participant the right credit hour, your badge will be scanned at the entrance of every room.

If you purchased a dinner ticket, your event badge serves as your entry pass. Accompanying Persons have received their tickets via email. Access to the dinner will be granted upon successful scanning of your badge or ticket (printed or digital).



# **CONFERENCE INFORMATION**

# CERTIFICATE OF ATTENDANCE AND CREDIT HOURS

Certificate of attendance will be sent by mail after the conference. The EMDR Europe conference will be awarded 16 credits to participants who scanned their badge at the entrance of each symposia. You need to engage in a minimum of 10.5 hours of the conference to receive a certificate of attendance and the credits.

# RESPONSIBILITY AND INSURANCE

It is strongly recommended that participants take out insurance to cover loss (including registration fees) incurred in the event of cancellation, medical expenses and loss of personal effects. The Congress Organizer will not accept liability for personal injuries or for loss or damage to property belonging to participants, either during or as a result of the event.

#### WIFI

Free Wi-Fi is available throughout the venue.

Network name and password will be provided at the registration desks.

#### PRAGUE DESCRIPTION

Prague, the capital of the Czech Republic, has many titles: 'the mother of all cities', 'the city of a hundred spires' and 'the golden city' are just a few.

Since 1992, the city's historical centre was included in the UNESCO list of World Heritage

Sites. Main attractions include Prague Castle, Charles Bridge, Old Town Square, Vysehrad Castle. or Petrin Hill.

More than a thousand years of building have left architectural gems in Prague. Thanks to that, you can safely discover the mystery of the Gothic monasteries, enjoy classical music concerts in one of the Baroque cathedrals or relax in the beautiful Renaissance gardens.

Prague will soon convince you why people have been saying that it is one of the most beautiful historical cities in the world since as far back as the Middle Ages.

Moreover, it is a green and very walkable city, offering a wide range of attractions within a small area. Museums, restaurants, historical monuments, relaxation and entertainment - all are virtually within arm's reach. In 2021 Prague has been voted the most beautiful city in the World.

#### **RETURN YOUR LANYARD**

Attendees, who will be leaving on their last day of the conference, will have the option to return their badge and lanyard. The collected lanyards will be repurposed and badges recycled. The collection place of lanyards and badges will be at the registration desk.

#### **LOST & FOUND**

It's always upsetting to lose something, which is why we kindly ask you to drop by the Help Desk in case you found what looks like a lost item. We'll collect the found objects.



# **CONFERENCE INFORMATION**

# VENUE ACCESSIBILITY & MOBILITY ASSISTANCE

The venue has a comprehensive accessibility with barrier-free access.

The Vyšehrad metro station (Line C), located directly next to the venue, is accessible via elevators. Elevators and disability toilets are available on every floor. If you need assistance while visiting EMDR 2025, please contact a member of the Kuoni Tumlare staff at the registration desks on-site.

# COFFEE BREAK, LUNCH, WELCOME COCKTAIL & CONFERENCE DINNER

#### **COFFEE BREAKS**

Coffee breaks will be available at level 2 in front of Auditorium - Congress Hall.

#### LUNCH

If you selected a grab and go bag during the registration process, please pick it up in level 2 by presenting the voucher provided during registration. There will be a designated area for lunch on this floor.

#### **WELCOME COCKTAIL**

The Welcome Cocktail is included if you selected it during the registration process and therefore free of charge.

Date: Friday 30th of May

**<u>Time:</u>** 19h15 after the Conference Opening

Where: Prague Congress Centre (confer-

ence venue)

#### **CONFERENCE DINNER**

The Gala Dinner will take place on the 31st of May from 20h00 at the Municipal House Pilsner brewery.

<u>Address:</u> Náměstí Republiky 1090, 110 00 Staré Město, Czech Republic

Only participants who bought a ticket can attend this event. No bus transfer will be available. The best way to get there is by taking a metro from Vyšehrad line C, switching on Florenc to Line B (yellow line) and after one minute, exit at Náměstí Republiky Station. No sales will be available onsite

#### **DRESS CODE**

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# CONFERENCE INFORMATION

#### SUGGESTIONS FOR LUNCH

#### ARROSTO RISTORANTE

Mikuláše z Husi 1709/1, 140 00 Praha 4-Nusle, Czech Republic

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A varied selection of Mediterranean and Italian cuisine while offering Czech dishes as a secondary option. Open from 11:00 AM on Saturdays and Sundays. 10 minute walk. 200–300 CZK per person.

https://www.arrostoristorante.cz/en

#### RESTAURANT KANDELÁBR

QUBIX Office Building, Štětkova 1638/18, 140 00 Praha 4-Nusle, Czech Republic

+420 730 517 477

A varied selection of local and global dishes cooked according to original recipes. They have vegetarian dishes available and also serve traditional Czech beer made from quality ingredients. Open from 12:00 PM on Saturdays and Sundays. 5 minute walk. 400-500 CZK per person.

https://www.restaurantkandelabr.cz

#### **RESTAURANT ESPRIT**

Holiday Inn Prague, Na Pankráci 1684/15, 140 00 Praha 4-Nusle, Czech Republic

+420 296 895 030

Serves a wide variety of local dishes cooked with quality ingredients from local farmers. Open from 6:30 AM to 12:00 AM on Saturdays and Sundays. 4 minute walk. 1000 CZK per person.

https://www.holidayinn.cz/en

#### **RESTAURACE YAM YAM**

5. května 1670, 140 00 Praha 4-Nusle, Czech Republic

+420 774 844 443

Authentic Asian cuisine crafted by native chefs in the historic heart of Vyšehrad. Highly recommended to book a table especially on the weekend or if you are coming in a group. Open from 11 AM on Saturdays and Sundays. 2 minute walk. 300-500 CZK per person.

https://yamyam.cz/restaurace/

### **RESTAURACE V ČASE**

Na Pankráci 353/7, 140 00 Praha 4-Nusle, Czech Republic

+420 606 919 146

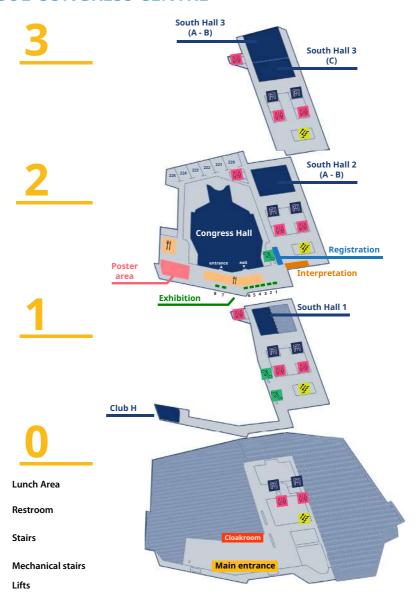
Czech and international cuisine, lunch menu and beer from the Měšťany brewery. Open from 12 PM on Saturdays. 6 minute walk. 300-400 CZK per person.

https://www.tripadvisor.com/V\_Case-Prague\_ Bohemia.html



# **FLOOR PLAN**

#### **PRAGUE CONGRESS CENTRE**







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UIT is a partnership between IMHC, the UIT Charitable Fund and Ukraine Institute of Traumatherapy, LLC.



A comprehensive trauma focused intervention for people with psychosis and post-traumatic stress symptoms (IITG-PPT): Preliminary results.

#### **Belén Lozano**

Adaptations of EMDR for Children and Adolescents: A Systematic Review of Trauma-Specific Applications

#### Vanesa Peinado

An Intervention Protocol: Developing Crisis Response Capacity with EMDR concepts and Psychological First Aid for transport workers preparing for critical incidents

#### Penny Papanikolopoulos MSc, PhD

Attention Inhibition to External Inputs, Working Memory Offloading, and Default Mode Network Activation: A Novel Neurophysiological EMDR Hypothesis

#### Gaspar de La Serna

Beyond the Frontiers of Our Phase 4-8 Infatuation: 18 Months of Prelude-EMDR Masterclasses Reveal "Involuntary Exposure" and AIP Restoration during Phases 1-3

#### Julien Bonnel

Beyond the Relief: Exploring the Side Effects and Their Predictors in EMDR Therapy for Chronic Pain

#### **Stephanie Vock**

CARE-MI: A comprehensive group intervention for moral injury in mental healthcare workers

#### Sandra Sanz Alcázar

Developing Civilian and Military Scenarios in Virtual Ukraine: A Virtual Reality Approach to Wartime Trauma

#### **Evan LaFountain**

Efficacy of EMDR (Eye Movement Desensitization Reprocessing) therapy online in 30 patients with psychological trauma

#### Carlos Anunciação

EMDR and Positive Psychotherapy Intervention in Childhood Trauma: A Case Study **Gamze Mukba** 



EMDR G-TEP early psychological intervention with refugees from Ukraine

#### **Krzysztof Beyger**

EMDR Group Stabilization practice before individual treatment as a time and resource saver

#### **Aude-Isoline Poncet**

EMDR in Hospital and Local Health Services in Italy: Implementation and Research

#### Elisa Faretta

EMDR Interventions for Acute Post-Traumatic Stress Disorder: A Narrative Review

#### **Almudena Trucharte**

EMDR Therapy on a Case of Trypophobia

#### Salih Deniz

EMDR Therapy with Ukrainian Refugees: Target Prioritization and Schema Processing Amid War Trauma

#### Katerina Nemcova

EMDR WITH SPECIFIC LEARNING DISABLED CHILDREN

#### **Emrah Devrim**

Evaluating the Effectiveness of the TR-V-OCD EMDR Protocol: A Double-Blind, Randomized Controlled Trial for OCD Treatment

#### **Asena Yurtsever**

Improvements in Communication and Social Relationships of Children with Neurodevelopmental Disorders Through EMDR and the Healing Story Technique

#### **Nihal Arvas Yanik**



Integrating Biofeedback with EMDR Therapy: A Novel Approach to Trauma Treatment **Agnieszka Trawicka** 

Integrating EMDR R-TEP with Indigenous Models of Care: A Case Study of Post-Traumatic recovery in a Young Maori Woman Following Psychosis

#### **Eleanor Baggott**

Maximising Therapeutic Impact: A Case Study of Treating Dissociative Identity Disorder Through EMDR Intensives

#### **Amanda Jones**

Multimodal Approach of EMDR and Osteopathy for Psychosomatic Disorders: A Pilot Study **Sara Piattino** 

Play Therapy and EMDR Integration in Cases of Stuttering and Separation Anxiety

Merve Gabrali

Proof of Concept - Residential Intensive EMDR Program in a Military Population **Fionnbar Lenihan** 

Psychological intervention in women victims of childhood sexual abuse: randomized controlled clinical trial comparing EMDR psychotherapy and trauma-focused cognitive behavioral therapy

**Milagros Molero-zafra** 

Small Patients, Great Emotions. Work togheter on emotional regulation

#### Marta Malacrida

Social Stigma and EMDR (Eye Movement Desensitization and Reprocessing) intervention in smokers and patients with lung cancer

Elisa Faretta



The Bowel-Bladder Obsession Treatment with TR-V-OCD EMDR Protocol: A Case Report

#### **Yagmur Ertas**

The effect of dual attention in an EMDR procedure for posttraumatic symptomatology: a randomized clinical trial (preliminary results)

#### Regina Espinosa

The impact of language in EMDR processing

#### Carina Tana Dragu

Transforming Trauma Therapy: Introducing Autonomous EMDR Treatment

#### **Evan LaFountain**

Treatment of Obsessive-Compulsive Disorder (OCD) with the TR-V OCD EMDR Protocol :A Case Report

#### **Aleyna Yudum Aglamaz**

Treatment of Obsessive-Compulsive Disorder (OCD) with the TR-V OCD EMDR Protocol :A Case Report

#### Fulya Sirgeli

Treatment of Obsessive-Compulsive Disorder (OCD) with the TR-V OCD EMDR Protocol: A Case Report

#### Derya Çiçek

Treatment of Obsessive-Compulsive Disorder (OCD) with the TR-V OCD EMDR Protocol: A Case Report

#### Sümeyye Karayiğit



Treatment of sexual disorders with EMDR therapy and pelvic floor rehabilitation: a pilot study on a sample of patients with genito-pelvic pain disorder

#### Elena Isola

Treatment of Sexual Obsessions with TR-V-OCD EMDR Protocol: A Case Study Lale Cikisir

Using EMDR with Persons with Lived Experience of Leprosy in Ethiopia **Safa Kemal Kaptan** 

Virtual Ukraine and Eye Movement Desensitization and Reprocessing Therapy: Using Immersive Virtual Reality to Plan and Practice Desired Responses to Present Triggers in Wartime

**Evan LaFountain** 



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# **BOOKSELLERS**







## EMDR Europe Workshop Conference 2026

Unlocking the power of AIP 5-7 June 2026

# **Keynote Speakers**



Bjørn Aasen

Is this an EMDR patient? How understanding AIP opens unseen possibilities for reprocessing



Helinä Häkkänen

EMDR therapy with clients in legal processes: Safety, stability, and empowerment



Bo Søndergaard Jensen Enhancing EMDR Reprocessing

